

## Training Schedule

### Non-Communicable disease / Emergency / Trauma Training for Medical Officers and Staff Nurses.

Day	Time	Activity type	Content	Venue
<u>Day - 1</u>	9:00 to 10:30am		Registration, Pretest, and introductory video	
	10:30 to 11:00am	Lecture	Introduction to Cardiovascular disease prevention	2nd Floor Class room
	11:00 to 11:30am	Video Film	Measurement technique	2nd Floor Class room
	11:30 to 1:30pm	Lecture	Interpretation of measurements	2nd Floor Class room
	1:30 to 2:30pm		Lunch	
	2:30 to 3:00pm	Lecture	Tobacco cessation	2nd Floor Class room
	3:00 to 3:30pm	Lecture	Healthy Diet , Physical activity	2nd Floor Class room
	3:30 to 5:00pm	Group Activity	Group activity (Making a Diet Plan)	2nd Floor Public health lab / Class room
<u>Day - 2</u>	7:00 to 8:30am	Group Activity	Self measurements (Pre/Over Breakfast)	Guest House Dining room
	9:30 to 10:30am	Lecture	Chronic Airway disorders	2nd Floor Class room
	10:30 to 11:30am	Group Activity	Use of Airway drug delivery devices,	2nd Floor Class room
	11:30 to 12:30am	Lecture	Hypertension Drug Therapy	2nd Floor Public health lab / Class room
	12:30 to 1:30pm	Group Activity	Hypertension Group activity	2nd Floor Class room
	1:30 to 2:30pm		Lunch	
	2:30 to 3:30pm	Lecture	Diabetes: Oral drugs	2nd Floor Class room
	3:30 to 4:30pm	Group Activity	Diabetes Prescription writing	2nd Floor Class room
	4:30 to 5:30pm		NCD preparedness questionnaire/Tobacco questionnaire	Computer Lab
	<u>Day - 3</u>	9:00 to 9:30am	Lecture	Diabetes: Insulin therapy (T1DM/T2DM)
9:30 to 10:30am		Lecture	Complications of Diabetes	2nd Floor Class room
10:30 to 11:30am		Group Activity	Diabetes scenarios	2nd Floor Public health lab / Class room
11:30 to 12:00am			Tea Break	
12:00 to 1:30pm		Evaluation	Evaluation and closeout	2nd Floor Public health lab / Class room
1:30 to 2:30pm			Lunch	
2:30 to 3:30pm		Evaluation	Evaluation and closeout	2nd Floor Class room
3:30 to 5:00pm			Pretest Emergency care	Computer Lab
<u>Day - 4</u>	8:30 to 9:00am	Pre-test	Pretest and registration	2nd Floor Class room
	9:00 to 10:00am	Lecture	What is BLS-Course overview	2nd Floor Class room
	10:00 to 10:45am	Lecture	Child & Infant CPR & Choking	2nd Floor Class room
	10:45 to 11:00am		Tea Break	
	11:00 to 11:30am	Lecture	Skill station : Airway (Skill lab)	Skill Lab
	11:30 to 12:00pm	Lecture	Skill station : Defibrillation & CPR (AED)	2nd Floor Public health lab

	12:00 to 12:30pm	Lecture	Skill station : 2 rescuer BLS	2nd Floor Public health lab
	12:30 to 01:00pm	Lecture	Skill station : Infant & child CPR (Skill lab)	Skill lab
	1:00 to 1:45pm		Lunch	
	1:45 to 4:00pm	Evaluation	Evaluation and Post test(BLS)	2nd Floor Class room
	04:00 to 04:15pm		Tea Break	
	04:15 to 05:15pm	Lecture/Practicum	ECG interpretation : Normal ECG	2nd Floor Class room
<b>Day - 5</b>	08:30 to 09:30am	Lecture/Practicum	ECG interpretation: Rhythm Recognition	
	09:30 to 10:30am	Lecture/Practicum	Pulse less rhythms & unstable patients with pulse	2nd Floor Class room
	10:30 to 11:15am	Lecture	Approach to patient with respiratory arrest-Advanced	
			Airway Management	
	11:15 to 11:30am		Tea Break	
	11:30 to 12:00pm	Lecture/Practicum	Skill station: Airway-Supraglottic & Intubation	Skill Lab
	12:00 to 12:30pm	Lecture/Practicum	Skill station: Pulseless rhythms	Skill Lab
	12:30 to 01:30pm	Lecture	ACS recognition & management	2nd Floor Public health lab
	01:30 to 02:15pm		Lunch	
	02:15 to 03:00pm	Lecture	Drowning ; Electrocutation	2nd Floor Class room
	03:00 to 03:45pm	Lecture	General Management of poisoning	2nd Floor Class room
	03:45 to 04:00pm		Tea break	
	04:00 to 05:00pm	Lecture	Stroke: Recognition & Management	2nd Floor Class room
<b>Day - 6</b>	9:00 to 10:00am	Lecture	Management of snake bite	2nd Floor Class room
	10:00 to 11:15am		Practicum: Mega Code	Skill Lab
	11:15 to 11:30am		Tea Break	
	11:30 to 1:30pm	Evaluation	ACLS Test-Evaluation & Pretest Trauma care	2nd Floor Class room
	1:30 to 2:15pm		Lunch	
	2:15 to 2:45pm		Course overview: Basic Trauma care	2nd Floor Class room
	2:45 to 3:30pm	Lecture	Shock-Diagnosis & Management	2nd Floor Class room
<b>Day - 7</b>			To study module on Basic trauma support and to perform pre-test and baseline questionnaire	
<b>Day - 8</b>	9:00 to 10:00am	Lecture	Initial Assessment of Trauma Patient	2nd Floor Public health lab / Class room
	10:00 to 11:00am		Chest Trauma- Life threatening injuries its recognition and	

			management Needle & Tube Thoraco-centesis (videos)	
	11:00 to 11:15am		Tea Break	
	11:15 to 12:00pm	Lecture	Airway Management in trauma patient	2nd Floor Public health lab / Class room
	12:00 to 1:15pm	Skill lab	Primary survey-Log rolling, Splinting, Pelvic Binder	Skill Lab
			Head & Spine Injury-CT scan, GCS, Cervical collar, MILS	
	1:15 to 1:45pm		Lunch	
	1:45 to 2:30pm	Lecture	Spine Injury	2nd Floor Public health lab / Class room
	2:30 to 3:15pm	Lecture	Burns management	2nd Floor Public health lab / Class room
	3:15 to 3:30pm		Tea Break	
	3:30 to 4:15pm	Lecture	Abdominal Trauma	2nd Floor Public health lab / Class room
	4:15 to 5:00pm	Lecture	Musculoskeletal Trauma	2nd Floor Public health lab / Class room
<b>Day - 9</b>	9:00 to 10:00am	Lecture	Head injury Management	2nd Floor Class room
	10:00 to 11:00am	Lecture	Maxillofacial Trauma	2nd Floor Class room
	11:00 to 11:15am	Lecture	Tea Break	
	11:15 to 12:15pm	Lecture	Chest X ray interpretation	2nd Floor Class room
	12:15 to 12:30am	Lecture	Initial Assessment practice	2nd Floor Class room
	12:30 to 2:30pm		Post test, spotters & Evaluation Emergency & Trauma facility assessment questionnaire	
	2:30 to 3:30pm		Lunch	